



DENTAL HYGIENISTS' SOCIETY

Committed to the
Dental Health of the Community

SUMMER 2010

President's Message

Another RAM (Remote Area Medical) free medical/dental clinic event has come and gone. This past Spring, at the L.A. Sports Arena, we were able to serve more people than last year by utilizing the resources of CDHA to effectively get the word out statewide. We received a larger response from volunteer hygienists than our previous event in August 2009. This time around, 1,500 combined dental professionals provided 4,061 dental procedures valued at close to \$1 million.

Thank you to everyone who volunteered your time and talents. We really made a difference in the lives of those underserved citizens that we cared for.

LADHS experienced a productive year. We introduced a new employment database and outreached to the local dental societies to put our ad in their newsletters. At the CDHA House of Delegates in San Francisco this year, LADHS won the award for bringing in the most new members in a large component, accompanied by a check for \$100 to the component. We have also brought nationally recognized speakers to update you at our seminars.

For the past two years, we have put a lot of energy into networking with local dental

hygiene students at USC and WLAC. We have supported their table clinics and fundraisers, financed student attendance at HOD, met onsite at their respective campuses, and held pizza parties to network and mentor. We held out our hands to assist our students transition into being our colleagues. Due to these efforts, we have had several recent graduates join us at our meetings over these last two years. With such a high level of new enthusiasm and more help in planning our activities, we will be able to do more for our members...like

the return of evening CE classes and CPR classes, enhancements of the newsletter, and organizing more community health projects. I hope you all can join us in these activities. Please see inside for our upcoming events so you can mark your calendars for the fall.

I hope you all have a relaxing summer. I know I am looking forward to one after such a busy year. Thank you for supporting your professional organization. You do make a difference!

—Laurel

Laurel Bleak, RDH, BSDH
President
Los Angeles Dental Hygienists Society
www.ladhsociety.org



Officers and Committee Chairs 2010-2011

President	Laurel Bleak	lbleak@verizon.net
Treasurer	Mary Jo Irwin	irwinmaryjo@gmail.com
Trustee	Tricia Osuna	Osunardh@aol.com
Membership	Lesley McGovern	lesleyann411@yahoo.com
Newsletter Editor	PJ Attebery	pjattebery@socal.rr.com
Employment	Erin Greenberg	ladhsjobs@yahoo.com
Continuing Ed	Tricia Osuna Diane Haun	Osunardh@aol.com dihyg1@yahoo.com
Community Dental Health	Kelly Kennedy	kklortie@sbcglobal.net
Student Relations Liaison	Tricia Osuna	Osunardh@aol.com

LADHS Facebook Page

<http://www.facebook.com/LADHS>

Community Dental Health Opportunities

3-Day Long Beach Free Dental Clinic

to be held on the campus of CSULB

Friday, October 22, 2010 9:00 am - 5:00 pm

Saturday, October 23, 2010 8:00 am – 5:00 pm

Sunday, October 24, 2010 8:00 am – 5:00 pm

This clinic will be held in conjunction with the
Women's Conference 2010

At the Long Beach Convention Center

Hosted by First Lady of California, Maria Shriver

The Tzu Chi Foundation, who helped organize the LA RAM Free-Clinic,
will provide 50 portable dental chairs and logistical support.

More detailed registration information to be announced soon.

Event website scheduled to be up in August, 2010

Give back to your community.

To start now, email Kelly Kennedy: kklortie@sbcglobal.net with your interests.

Welcome New and Returning LADHS Members!

Soheila Aghel
Reut Douer
Audrey Hung
Ivy Le
Lilia Leandra
Lesley McGovern
Jekaterina Mironova-Barnett
Carole Nese

Brittaney Penamon
Gricelda Peralta
Nicole Perez
Dorin Raffi
Rebecca Shoumer
Kaylee Stroschein
Nouchee Vang
Heather Wood

Empower. Support. Develop.

Call or view your benefits today.

(312) 440-8900 <http://benefits.adha.org>

If you have not renewed, please consider doing so now to support the ongoing efforts of your professional organization.

Change of Address

If you have moved or changed your address, state law requires that you notify the Dental Hygiene Committee of California within 30 days.

Contact: www.dhcc.ca.gov

In addition, please contact:

LADHS Membership Chair: Lesley McGovern
lesleyann411@yahoo.com

CDHA – Quarterly Payment Plan to Renew ADHA Membership 2010-2011

To take advantage of the QPP, members would have had to renew by the June 30 deadline. Members who missed the deadline will have to wait until the winter cycle to renew with the Quarterly Payment Plan option.

If you choose to renew your “annual” membership anytime online at www.adha.org, you will automatically be entered for a chance to win a pair of loupes. Your ADHA membership renewal invoice is always available online and you can access your account 24/7. Don't let your membership lapse! Renew now to maintain the benefits of ADHA and CDHA membership.

Los Angeles Dental Hygienists' Society Seminar

**Evidence Based Solutions to Nonsurgical Periodontal Therapy:
Power Scaling and Pain Management**

Speaker: Karen A. Hays, RDH, BS

Saturday October 23, 2010

7:30am registration

8:00 am to 12:00pm exhibits and course

4 CEUs Lecture Continental breakfast

Marina del Rey Hotel 13534 Bali Way Marina del Rey, CA 90292

\$5.00 parking

Sponsored by:



Course Description:

This course is based on the current scientific literature and evidenced based strategies to give the clinician practical guidelines regarding the use of ultrasonic instrumentation and non-injectable local anesthesia for nonsurgical periodontal therapy. Ultrasonic instrumentation techniques including Implant Maintenance will be covered extensively following the dental hygiene process of care and utilizing hands-on activities. Indications for a non-injectable local anesthetic periodontal gel will be discussed and the application technique reviewed.

Session Objectives

Upon completion of this course, participants will be able to:

- Differentiate the advantages and limitations of the various technologies which drive power scaling units
- Discuss current research findings which demonstrate the clinical advantages/benefits of ultrasonic instrumentation over manual instrumentation
- Identify and assess pretreatment considerations for the use of ultrasonic instrumentation
- Identify the benefits and limitations of non-injectable local anesthetic periodontal gel
- Identify various modifying factors which influence and/or change instrumentation
- List criteria for the appropriate selection of ultrasonic inserts, both standard and modified.
- Demonstrate the correct technique for utilization of the ultrasonic scaler .

Speaker

Karen Hays, RDH, BS is the Western Clinical Educator for DENTSPLY Professional, presenting lectures on ultrasonic instrumentation, anesthesia, and implant maintenance. Karen has over 20 years of experience in dentistry, including teaching. She has published articles and held local positions in the California Dental Hygienists' Association. Her focus is to provide dental professionals with current scientific research and information to assist them in implementing effective and efficient evidence based treatment protocols in their clinical practice.

Fee:	Postmarked Before Oct 12	Postmarked After Oct 12
ADHA /AADA/ ADA members	\$85	\$105
All non-members	\$105	\$115

Non-ADHA members joining today will be charged member fee of \$85

Make check payable to: LADHS Please return registration to:

Mary Jo Irwin 8220 Raintree Circle Culver City, Ca 90230 Need more info? 310-306-3136

Check membership status. **Proof of membership required, bring membership card:**

ADHA member _____ ADHA # _____ non-ADHA member _____ Other _____

Name: _____

License Number: _____

Address: _____

Amount Enclosed: _____

Email address: _____

Telephone: _____

RDHAP CORNER

By Diane Haun, BS, RDHAP

On January 10, 2003 the first RDHAP class at West Los Angeles College began (which I was in). The course was put together rather quickly as there was a deadline looming. If the necessary course work was not in place, we would have lost the chance to pursue this new important and hard fought for licensure for dental hygienists.

The faculty at West LA knew this was important and made it happen. But who was going to pay for it? THE FUNDING CAME FROM THE CALIFORNIA DENTAL HYGIENISTS ASSOCIATION! In case some of you wonder where your membership dollars go to, this is one very monumental cause.

For those of you interested in obtaining this licensure, West LA is still offering the course work, as well as continuing education for RDHAP's. University of the Pacific is also offering more of an online class. You can go to their web-sites to find out more information.

Currently there are over 200 RDHAP's practicing throughout the state. We are treating geriatric, children and developmentally disabled people. We practice in facilities and private residences. Some AP's take Dental, some do not. We are licensed to bill insurances, and most the time they pay, but some refuse to pay hygienists. Insurance reimbursement still continues to be a challenge.

I still work 3 days a week for a Dentist. I have been seeing more and more of my patients from this office that are elderly and disabled and I now see them in their homes or care facilities. It is so nice for the patient (and their families who have to transport them) to have their teeth taken care of at their residence. If you have patients who are no longer able to come to your office, or other disabled people who struggle to get to the office, please remember we are out there to take care of them. We have all the necessary tools to see them just like in the office.

I am listing the names and contact information of the AP's in our area who are members of the LADHS. You can also look on-line at the California Dental Hygienists Association which lists AP's for the entire state (not all AP's are listed there as it is optional for hygienists to be included). Please contact me if you would like to be included in this list.

Thanks for your support!

Diane Haun, RDHAP #38
310-398-2171
Dihyg1@yahoo.com

Sandra Katz, RDHAP
319-291-2879
Katzsandra@sbcglobal.net

Member Highlights

Mary Jo Irwin, RDH

We offer congratulations on receiving the CDHA Outstanding Component Member Award, 2009-2010, for her contributions to the Los Angeles Dental Hygiene Society. Our component has grown in direct response to her personal outreach and ability to make people feel welcome. Her "down to earth" style is heartwarming and much appreciated by all of us who benefit from her involvement and commitment to the profession of Dental Hygiene.

Tricia Osuna, RDH, FAADH

Our own Tricia Osuna, LADHS Trustee, was a featured speaker at "CDA Presents: The Art and Science of Dentistry" in Anaheim this past Spring. She offered courses titled "What Is It? How Do I Use It? Today's Dental Products and Treatment Options" and "Save Me, Save You! Ergonomics and Effective Patient Care". She is also the current president of the American Academy of Dental Hygiene. LADHS is so very proud of her long list of accomplishments!

Laurel Bleak, RDH

At the 2010 CDHA House of Delegates, held in San Francisco this past June, our component president, Laurel Bleak was elected as ADHA Delegate for 2011-2012. After being chosen to attend the ADHA workshop "Unleashing Your Potential" last year in Chicago, Laurel has clearly exemplified the qualities of leadership. We look forward to Nashville 2011!

2010 CDHA House of Delegates

June 11-13 2010

San Francisco

Trustee: Tricia Osuna

Delegates: Laurel Bleak, Kelly Kennedy, Dorin Raffi, PJ Attebery





Los Angeles Dental Hygienists' Society
CPR Renewal

When: Saturday September 25, 2010,
Begins promptly at 8:30am

Benefits: 3 CEUs
2-year certificate
AHA approved course

Price: \$38.00 - Please bring a check to be payable to On Site CPR at the time of course

Where: Mirabella Apts, 1st Floor Conference Room
10430 Wilshire Blvd
Los Angeles 90024

Directions: 1 Block west of Beverly Glen on Wilshire.

Parking: On residential streets (*please read parking restrictions*)

*There are seven spaces available for valet park at the complex
(arrive early)*

RSVP **MJ Irwin at irwinmaryjo@gmail.com** (The instructor needs an accurate count so
please RSVP by September 17th)

Questions? Call 310-306-3136

Save the Date

LADHS – BOD Upcoming Meetings

Saturday, August 14 at 9:00 am
Tuesday, September 14 at 6:00 pm

**Please contact Laurel Bleak at ibleak@verizon.net
for more information if interested in attending.
All members are welcome to attend.**